



## **2021 Extreme Basketball Health and Safety Updates**

### **Hygiene Protocols**

- Hand sanitizer available for each team. Teams/players encouraged to bring their own sanitizer. Each player and coach must use hand sanitizer upon entry, before warming up, and when subbed out/sitting on the bench.
- No sharing of drinks. Players are required to bring their own drinks. Food is not allowed in any of the facilities for practices or games.
- Children cannot participate if they have any of the following symptoms
  - Fever of 100.4°F or greater
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Chills
  - Muscle or body aches
  - Sore throat
  - New loss of taste or smell
  - Headache
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- If an individual (player or coach) has a temperature above 100.4°F, or has a positive response to the Daily Symptom Tracker, he or she will be removed from the group.

### **Contact Tracing Protocols**

- All who enter the facility will be required to go through a pre-entry screening (i.e. body temperature taken) and give contact information

### **Practice Protocols**

- Maximum 2 coaches per team
- All practices will be scheduled through the Evans Recreation Department
- All parents, spectators, players and coaches are required to wear masks at all times while in the facility
  - Players are required to wear a mask while practicing
- Only 1 spectator (includes children, parents, siblings, grandparents, etc.) allowed per player
  - During practice, spectators are encouraged to keep at least 6' distance from other households
- All players, coaches and spectators must enter the Evans Community Complex through the north entrance and complete a screening
  - Teams will not be allowed into the facility until 5 minutes before scheduled practice time and after all equipment and gym areas have been cleaned and sanitized.
- During drills maintain at least 6' physical distancing
- No handshakes or high fives allowed
- No team huddles or close-range coaching

### **Post-practice Protocols**

- Spectators
  - Following practice, exit court immediately following physical distancing
- Teams (players & coaches)
  - No post-practice huddle
  - Leave basketballs on floor in front of benches
  - Place all debris in trash cans
  - Remove all personal equipment from team area
  - Immediately exit the court following physical distancing guidelines
- All in attendance will exit the facility through the south entrance near the Recreation Front Desk

### **Pre-game/Game Switch Protocols**

- Only 2 coaches allowed per team
- Teams warm-up on their designated half of the court
  - Team A- north half
  - Team B- south half
- All parents, spectators, players and coaches are required to wear masks at all times while in the facility
  - Players are required to wear a mask while playing
- Only 1 spectator (includes children, parents, siblings, grandparents, etc.) allowed per player
  - During games, spectators are encouraged to keep at least 6' distance from other households
  - Spectator must hand in their completed ticket when entering the facility
- All players, coaches and spectators must enter the Evans Community Complex through the north entrance and complete a screening
  - Players/coaches may enter the facility 15 minutes prior to game time and after all equipment and gym areas have been cleaned and sanitized. Spectators will follow.
  - All players, coaches and spectators must be in facility by 5 minutes after scheduled game time
  - Players, coaches and spectators will not be allowed to exit and re-enter the facility at any point
- No players at pregame meeting. Coaches and officials will maintain social distancing.
- Spectator seating:
  - Team A- designated spots on the north and northwest sides of the court.
  - Team B- designated spots on the south and southwest sides of the court.

### **During game Protocols**

- No handshakes or high fives allowed
- No team huddles or close-range coaching
- Ball will be cleaned during time outs and at halftime

### **Post-game Protocols**

- Spectators
  - Following game, exit court immediately following physical distancing
- Teams (players & coaches)
  - No post-game huddle
  - Place all debris in trash cans
  - Remove all personal equipment from team area

- Immediately exit the court following physical distancing guidelines
- All in attendance will exit the facility through the south entrance near the Recreation Front Desk

**Staff Protocols**

- Staff is required to wear masks at all times
- Staff practices physical distancing
- Staff will disinfect equipment and player/spectator areas between games